



TWMAD IMPACT IN PRACTICE

FROM SURVIVING THE DAY TO BELIEVING IN THE FUTURE

One consistent relationship can interrupt risk, rebuild belief and change what happens next.

1 WHAT WE OFTEN SEE

Young people may arrive facing:

- Anxiety, trauma or emotional overwhelm
- Poor attendance or school avoidance
- Peer pressure and risky decision-making
- Placement instability or family breakdown
- Low confidence and limited aspirations
- Distrust of adults and support services

2 OUR APPROACH

- Relationship first - no pressure to perform
- A consistent mentor who keeps showing up
- Honest conversations in safe, informal spaces
- Activities shaped around strengths and interests
- Small goals, practical skills and

3 WHAT MAKES IT WORK

Consistency. Curiosity. Challenge.



4 KEY PROGRESS

- Begins talking openly instead of shutting down
- Recognises triggers and uses healthier coping
- Accepts guidance and reflects before reacting
- Attends and participates more positively
- Steps away from conflict and negative influence
- Experiences achievement and growing self-belief
- Starts setting goals for education, work and life

5 WHAT CHANGED?

Challenges do not disappear overnight. What changes is the young person's ability to face them. Young people become calmer, more reflective, more willing to accept support and better able to picture a positive future.

THE SHIFT IS DEEPER THAN A GOOD SESSION.

It changes the next decision.

"When a young person feels safe, heard and believed in, progress becomes possible."

THE DIFFERENCE TWMAD MAKES



TRUST

A reliable adult



REGULATION

Calmer responses



ENGAGEMENT

Positive participation



CONFIDENCE

Belief through success



FUTURE

Goals and direction

IMPACT IN SUMMARY

TWMAD helps young people move from overwhelm, avoidance and low confidence towards greater trust, emotional resilience, safer choices and meaningful engagement. By combining a consistent relationship with purposeful experiences, we create the conditions for progress that can be seen, felt and sustained.

WE DO NOT JUST FILL TIME. WE CHANGE TRAJECTORIES.

Consistency. Trust. Hope.

Every child is different. Every need matters. Every pathway is possible.

A collective impact summary grounded in recurring, session-documented outcomes across TWMAD case studies.